**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

**Data Source:** Behavioral Risk Factor Surveillance System, 2007-2011

- Park County’s rates on the current fact sheet are similar to the statewide averages.
- Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

**Serious Psychological Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

**Data Source:** Behavioral Risk Factor Surveillance System, 2007 & 2009

**Frequent Mental Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

**Data Source:** Behavioral Risk Factor Surveillance System, 2007-2011

**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.

**Data Source:** Behavioral Risk Factor Surveillance System, 2007 & 2009

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1For more information about Wyoming data at the county level, please refer to WYSAC Technical Report CHES-1427.

2For more information about Wyoming data at the state level, please refer to WYSAC Technical Report CHES-1426.
**Limited Emotional Support**

**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

**Currently Receiving Mental Health Treatment**

**Definition:** The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.

Data Source: Behavioral Risk Factor Surveillance System, 2007-2010