**Activity Limitation**

**Definition:** The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.

**Serious Psychological Distress**

**Definition:** The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

**Frequent Mental Distress**

**Definition:** The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

- Lincoln County’s rates on the current fact sheet are similar to the statewide averages.
- Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).


Wyoming Survey & Analysis Center
University of Wyoming • Department 3925
1000 East University Avenue • Laramie WY 82071
wysac@uwyo.edu • www.wysac.uwyo.edu
(307) 766-2189 • Fax: (307) 766-2759

†For more information about Wyoming data at the county level, please refer to WYSAC Technical Report CHES-1427.

‡For more information about Wyoming data at the state level, please refer to WYSAC Technical Report CHES-1426.
**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

**Limited Emotional Support**
- Wyoming: 6%
- Lincoln County: 5%

Data Source: Behavioral Risk Factor Surveillance System, 2007-2010

**Currently Receiving Mental Health Treatment**
- Wyoming: 12%
- Lincoln County: 10%