For the 2007 and 2009 combined year average, Fremont County tied for the highest in the state for the percentage of Wyoming adults reporting having activity limitations due to mental or emotional problems (11% vs. 8% statewide).

Since 2000, the suicide rate in Wyoming has been nearly two times the national average (22 vs. 12 in 2010).

Definition: The percentage of Wyoming adults reporting having activity limitations due to mental or emotional problems.

Serious Psychological Distress

Definition: The percentage of Wyoming adults with a total score of 13 or above (out of a possible 24) based on responses to six mental health questions.

Frequent Mental Distress

Definition: The percentage of Wyoming adults reporting their mental health (which includes stress, depression, and problems with emotions) was not good for 14 or more of the past 30 days.

Activity Limitation

Definition: The percentage of Wyoming adults reporting activity limitations due to mental or emotional problems.

Serious Psychological Distress

Percentage of Wyoming Adults

Frequent Mental Distress

Percentage of Wyoming Adults

Activity Limitation

Percentage of Wyoming Adults

For more information about Wyoming data at the county level, please refer to WYSAC Technical Report CHES-1427.

For more information about Wyoming data at the state level, please refer to WYSAC Technical Report CHES-1426.
**Limited Emotional Support**

**Definition:** The percentage of Wyoming adults reporting they rarely or never get the social or emotional support they need.

![Bar Chart for Limited Emotional Support]

**Fremont County Mental Health Fact Sheet**

**Data Source:** Behavioral Risk Factor Surveillance System, 2007-2010

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**Currently Receiving Mental Health Treatment**

**Definition:** The percentage of Wyoming adults who report currently taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem.

![Bar Chart for Currently Receiving Mental Health Treatment]

**Fremont County Mental Health Fact Sheet**

**Data Source:** Behavioral Risk Factor Surveillance System, 2007 & 2009

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