G0110: Activities of Daily Living (ADL) Assistance (cont.)

ADL Self-Performance Algorithm

START HERE – Remember to review the instructions for the Rule of 3 and the ADL Self-Performance Coding Level Definitions before using the algorithm. STOP at the first code that applies when moving down the algorithm.

1. Did the activity occur at least 1 time?
   - No
   - Yes
     2. Did the activity occur 3 or more times?
        - No
        - Yes

Instructions for the Rule of 3

Exceptions to the Rule of 3:
- Code 0, Code 4, and Code 8 – as the definition for each of these coding levels is very specific and cannot be entered on the MDS unless it is the level that occurred every time the ADL occurred.
- Code 7 – as this code only applies if the activity occurred fewer than 3 times.

Rule of 3:
1. When an activity occurs 3 or more times at any one level, code that level.
2. When an activity occurs 3 or more times at multiple levels, code the most dependent level that occurred 3 or more times.
3. When an activity occurs 3 or more times and at multiple levels, but not 3 times at any one level, apply the following:
   a. Convert episodes of full staff performance to weight-bearing assistance.
   b. When there is a combination of full staff performance and weight-bearing assistance that total 3 or more times – code extensive assistance (3). Do not proceed to “c” below if “b” applies.
   c. When there is a combination of full staff performance/weight-bearing assistance and/or non-weight-bearing assistance that total 3 or more times, code limited assistance (2).

If none of the above are met, code Supervision (1)

*This box in the algorithm corresponds to a, b, and c under the third Rule of 3 above. The instruction in this box only applies when the third Rule of 3 applies, i.e., an activity occurs 3 or more times and at multiple levels, but not 3 times at any one level (e.g., 2 times non-weight-bearing, 2 times weight-bearing). If the coding scenario does not meet the third Rule of 3, do not apply a, b, or c of the third Rule of 3, answer “No,” and then continue down the algorithm.