

# As a Youth and Family Trainer and Support Person

You may be responsible to provide one-on-one services and activities specifically identified in the Individual Service Plan that support and enhance the child/youth's overall service goals. This may include such things as:

- Skills development and training related to interventions to cope with problems or unique situation occurring within the family.
- Techniques of behavior management and/or support
- Social skills development
- Accessing community, cultural and recreational activities

You may be responsible to provide training, services and activities for family members, neighbors, friends or companions identified by the youth and family who provide unpaid care, guidance, companionship or support to the youth to maintain their ability to care and support the youth in his/her home and community. This may include such things as:

- Training directly related to the individual's role of supporting youth in areas specified in the individual service plan.
- Providing instruction regarding training regimen and other services to include behavior support and safety planning, and/or crisis intervention training specific to the youth's Individual Service Plan – including updates as necessary.
- Coaching aimed at maintaining integrity of the family unit; increasing knowledge and awareness of youth's needs, available services and resources, and developing abilities to mentor and evaluate those services.
- Explaining and interpreting policies, procedures and relationships that have an impact on the youth's ability to live in the community (such as educational and/or juvenile justice systems).
- Support in identifying, building and maintaining natural supports to promote self-sufficiency.
- Educating and involving youth and family in developing service plans and service designs to meet the youth's needs (including sharing of information and providing supports to allow active participation in service plan development and implementation processes).
- Providing opportunities for hands-on involvement in services to allow for modeling experiences that will enhance and support the youth/family relationships.

This service will also require:

- Collaboration with the Family Care Coordinator
- Ensuring that all applicable waiver procedures associated with service provision and responsibilities are carried out.
- Maintaining waiver provider qualifications and certification requirements.

This service may also require collaboration with a qualified mental health professional in service design and evaluation.

Continues on page 2

NOTE:

- Receipt of this service does not preclude the child/youth from receiving other services the same day.
- This service cannot be furnished at the same time as another service is also being provided.
- A Child Trainer MAY NOT provide any waiver services to his/her own child/youth or any children/youth of his/her relatives.

**Continuing Education Requirements for Re-Certification**

A Youth and Family Trainer and Support (YFT) person is required to complete 8 hours of continuing education opportunities to meet annual re-certification requirements.