Long Term Care (LTC)/Assisted Living Facility (ALF) Home and Community Based Services (HCBS) Waivers

THERE ARE TWO TYPES OF HOME AND COMMUNITY BASED SERVICES (HCBS) WAIVER PROGRAMS THAT ARE AVAILABLE AS AN ALTERNATIVE TO NURSING HOME CARE:

Long Term Care (LTC) Waiver – provides services in the home
Assisted Living Facility (ALF) Waiver – provides services in an Assisted Living Facility

WHAT THE LONG TERM CARE AND ASSISTED LIVING FACILITY WAIVERS ARE:

The Long Term Care Waiver and the Assisted Living Facility Waiver are programs offered by Medicaid (Title 19) for people age 19 and older as an alternative to nursing home care.

The programs were developed to offer community-based options for people who, because of their physical disabilities, may need nursing home care.

These programs offer specialized services in the home or an Assisted Living Facility and may prevent the need for admission to a nursing home.

The programs are limited in the number of people served and in monthly costs.

HOW YOU QUALIFY:

In order to participate in the Long Term Care or Assisted Living Facility Waiver Programs you must qualify in two areas:

- You must meet the Level of Care required for entry into a nursing home. (The LT101 assessment will be done by the Public Health Nurse.).
- You must meet financial eligibility . This is determined by the Department of Family Services (DFS). There is a separate Medicaid Application process that you will need to complete with DFS. There are special income guidelines for this program, so even if you have not qualified for help before, you may now. If you are under age 65 you will also need to meet the disability requirements.

WHAT WILL HAPPEN AFTER YOU SEND IN YOUR PROGRAM APPLICATION?

After you have contacted the Division of Healthcare Financing Home Care Services Unit (or someone has contacted them for you):

- You will receive a program application packet that will need to be returned to the Division of Healthcare Financing Home Care Services Unit.
- The Division will make a referral to the Public Health nurse to conduct an LT101 Assessment.

- You will receive a call from the Public Health nurse to schedule a time for the nurse to come to your home and visit with you and members of your family or those who provide your care, to complete the LT101. It is very important that you are available when the Public Health Nurse contacts you.
- During the visit from the Public Health Nurse, you will be asked questions and asked to perform normal tasks that will show what things you are able to do yourself, and what you need help with. The Public Health Nurse will discuss the outcome of the LT101 with you.
- You will need to contact the Department of Family Services to apply for Medicaid.
- The Case Manager/Care Coordinator (from the agency you have chosen) will contact you to set up a plan of care. This is completed with you and members of your family or those who provide your care.

IF YOU QUALIFY:

If you qualify, you will receive a letter from the Department of Family Services telling you that your Medicaid eligibility is pending. Your Case Manager/Care Coordinator will contact you to prepare your Plan of Care. Waiver services will begin after the Plan of Care is approved by the Waiver Program and funding is available. There is currently a waiting list for services to begin.

After your plan of care is approved, you will be Medicaid eligible and receive a Medicaid Swipe Card to use to access Medicaid medical services. The Department of Family Services will periodically review your financial status to determine if you continue to qualify for Medicaid services. It is important to assist DFS during these reviews.

Your Waiver Case Manager/Care Coordinator will visit you each month to see how your waiver services are going, and if any changes need to be made.

YOUR OPTIONS FOR WAIVER PROGRAMS:

- Long Term Care Waiver – Agency Option
- Long Term Care Waiver – Consumer Directed Care Option
- Assisted Living Facility Waiver

See Attached Fact Sheets For Information on these options

How Do I Apply?

- Contact the Division of Healthcare Financing Home Care Services Unit toll free at 1-855-203-2823 for a Program Application.