Vaccinations for Adults

Age	Influenza	Pneumo-coccal	Tetanus diphtheria, pertussis (whooping cough) (Td, Tdap)	Hepatitis B (HepB)	Hepatitis A (HepA)	Human papilloma-virus (HPV)	Measles, mumps, rubella (MMR)	Varicella (Chickenpox)	Meningo-coccal	Zoster (shingles)
19-49 Years	You need a dose every fall (or winter) for your protection and for the protection of others around you.	You need 1-2 doses if you smoke cigarettes or if you have certain chronic medical conditions.*	Be sure to get a 1-time dose of "Tdap" vaccine (the adult whooping cough vaccine) if you are younger than age 65 years, are 65+ and have contact with an infant, are a healthcare worker or simply want to be protected from whoop-ing cough. You need a Td booster dose every 10 years.**	You need this vaccine if you have a specific risk factor for hepatitis B virus infection* or you simply wish to be protected from this disease. The vaccine is given in 3 doses, usually over 6 months.	You need this vaccine if you have a specific risk factor for hepatitis A virus infection* or you simply wish to be protected from this disease. The vaccine is given in 2 doses, 6-18 months apart.	You need this vaccine if you are a woman 26 years or younger. One brand, Gardasil, can be given to men age 26 or younger to prevent genital warts. The vaccine is given in 3 doses over 6 months.	You need at least 1 dose of MMR if you were born in 1957 or later. You may also need a 2nd dose.	If you've never had chicken pox or you were vaccinated but received only 1 dose, talk to your healthcare provider to find out if you need this vaccine.*	If you are going to college and plan to live in a dormitory, or have one of several medical conditions*, you need to get vaccinated against meningococ-cal disease. You may also need additional booster doses.*	
50-64 Years										
65 Years & Older		You need 1 dose at age 65 (or older) if you've never been vaccinated.								If you are age 60 years or older, you should get this vaccine now.

***Consult your healthcare provider** to determine your level of risk for infection and your need for this vaccine.

****Consult your healthcare provider** if you haven't had at least 3 tetanus- and diphtheria-containing shots sometime in your life or have a deep or dirty wound.

Do you travel outside the United States? If so, you may need additional vaccines. The Centers for Disease Control and Prevention (CDC) provides information to assist travelers and their healthcare providers in deciding which vaccines, medications and other measures are necessary to prevent illness and injury during international travel. Visit CDC's website www.cdc.gov/travel or call 800-CDC-INFO (800-232-4636). You may also conult a travel clinic or your healthcare provider.

Wyoming Department of Health

Commit to your health.

immunizewyoming.com
Immunization Section
6101 Yellowstone Road, Suite 420
Cheyenne, WY 82002
307-777-7952 - phone
307-777-3615 - fax

7/2011