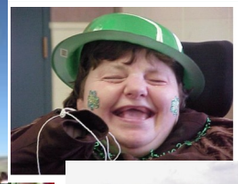
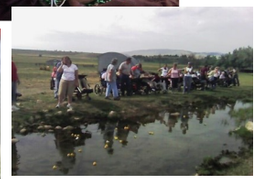
Some of the Activities our Clients Enjoy While Living at WLRC

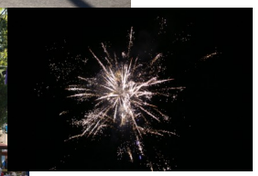
Camping & fishing

Celebrations & Activities





Summer Festival & Brain Drain Race



Rothwell Training Center

The Rothwell Training Center provides a curriculum for caregivers and professionals who provide services to people with disabilities. The employees of WLRC are trained onsite in a comprehensive orientation and ongoing training is offered to employees. Some of the classes are:

- Support of People with Intellectual Disabilities and Brain Injuries
- Meal Time Challenges and Nutrition
- Behavior Support
- Use and Care of Mobility Devices
- Physical Challenges
- Interaction Skills
- Client Rights
- Infection Control and Health
- Assisting Individuals in Personal Care
- CPR and First Aid
- Supporting People with Epilepsy
- Workplace Discrimination

Classes are available for Wyoming caregivers and professionals onsite or by special arrangement at your location. WLRC is a field site for a variety of health career programs at the college and university level. Classes are also offered from the University of Wyoming, College of Extended Studies by compressed video and satellite education.

Wyoming Life Resource Center
8204 Wyoming Highway 789
Lander, WY 82520
Phone: 307-335-6700
Fax: 307-335-6990
E-mail: WLRC@wyo.gov
Website: http://health.wyo.gov/wlrc

Wyoming Department of Health
Commit to your health.

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Wyoming Life Resource Center

(Developmental Disabilities Division)

A Residential Community with Therapeutic and Medical Support Services

The beautiful 90 acre campus of the Wyoming Life Resource Center is home to state of the art care, learning and job opportunities for Wyoming residents with challenges. The Canyons ICF program serves people with intellectual disabilities. The Visions program serves people with acquired brain injuries. The Horizons Healthcare Center provides acute and long term medical care. A variety of therapeutic services are available including Physicians, RN's, LPN's, Physical Therapists, Occupational Therapists, Speech Therapists, Behavior Specialists, Therapeutic Recreation Specialists, Certified Brain Injury Specialists, Dietitian, Chaplain and other specialty services. The Rothwell Training Center provides training for caregivers and healthcare professionals.

Canyons ICF
A Program for People with Intellectual Disabilities

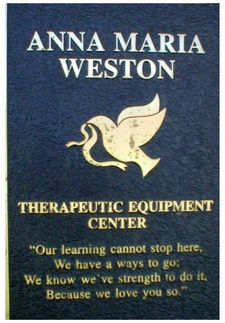
The program provides 24-hour care, 365 days a year for people who have intellectual disabilities. It is licensed as an Intermediate Care Facility/for people with disabilities. Each person served has an individual plan for training, work, healthcare, and recreation. Residences are home for three to nine individuals each. They provide a comfortable, family-like setting in an accessible neighborhood. Independence is promoted in life skills, community access, social interaction, and leisure activities. WLRC strives to provide the least restrictive, most appropriate, most integrated environment possible with informed choice. An important component of the Active Treatment required by ICF/ID is providing training opportunities necessary for the highest level of independence possible. Job exploration, paid work, social and communication skills, and behavior supports are part of the opportunities based on each individual's needs, interests and abilities.

Horizons Healthcare Center

An array of Health Services is offered at WLRC, including inpatient and outpatient care. The services of the physicians, physician assistant, nurses, dentists, respiratory therapy, certified laboratory, full pharmacy, dental, and x-ray services are available to clients on the campus. The expertise of these healthcare professionals is integrated into the care of each client. The Healthcare Center's Inpatient Unit is used for a small number of patients requiring significant medical care or observation.

Therapeutic Equipment Lending Library

The Anna Maria Weston Center lending library of therapeutic equipment was established using donated items. Equipment for daily activities (i.e., bathing, toileting, standing, ambulation, positioning, sensory motor) and car seats may be borrowed by Wyoming residents for as long as needed. Donations of equipment can be made directly to the center (307-335-6700). Website to view pictures and descriptions of items can be located at www.wy.at4all.com/welcome.aspx



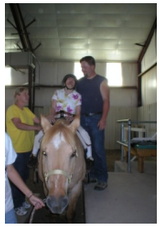
The **Therapeutic Equipment Shop** customizes wheelchairs and adaptive equipment for clients and serves the community through outreach clinics.

Visions
A Program for People with Brain Injuries

Visions is a residential brain injury program specifically designed for individuals with challenging medical, physical, or behavioral concerns. The Team provides an active and functionally oriented program offering both transitional and long-term care. Visions enhances quality of life by providing the least restrictive, most appropriate, most integrated environment possible with informed choice that allows individuals to function at a maximum level of independence. Visions provides a home-like environment and meaningful daily activities that encourage a dignified and functional lifestyle. Individual Program Plans are designed based upon the individual's needs and desires, future placement and goals such as: enhancement of physical and emotional fitness, social and behavioral development, home and community mobility, communication and cognitive skills, vocational skills and strategies for independent living.

Visions has a team of professionals onsite to assist in accomplishing these goals.

Wyoming Life Resource Center

Therapies

Experienced **physical, occupational, and speech therapists** at WLRC specialize in the care and treatment of persons with physical and intellectual disabilities. Each of these specialists assess the needs of each person admitted for service to one of the residential programs. Individual therapy regimens are implemented for each person. In addition to traditional forms of therapy, the regimen often includes Watsu or Bad Ragaz **aquatic therapy,** conducted in the therapeutic pool on campus. Many persons benefit from **horse therapy** offered in the indoor riding arena or around campus. The greenhouse offers an opportunity for sensory stimulation and **horticulture therapy**.